

2005 Golden Eagle Soccer

General Information

Location: Crookston, MN

Address: 2900 University Ave

Crookston, MN 56716

Founded: 1966 (2 year), 1993 (4 year)

Enrollment: 1,700 Students

Nickname: Golden Eagles

School Colors: Maroon & Gold

Affiliation: NCAA Division II

Conference: Northern Sun Intercollegiate
Conference (NSIC)

Campus CEO: Dr. Joe Massey

Director of Athletics: Stephanie Helgeson

Asst. Athletic Director/SWA: Brandy Chaffee

Compliance Coordinator: Jason Tangquist

Faculty Athletic Rep: Cleon Melsa

Athletic Dept Phone: (218) 281-8414

Press Box Phone: (218) 281-8037

Sports Information

Sports Info Director: Mitch Bakken

SID Office Phone: (218) 281-8414

SID Cell Phone: (701) 730-2727

SID Email: SID@UMCrookston.edu

SID Fax: (218) 281-8430

UMC Athletics Homepage

www.crk.umn.edu/people/athletics/index.htm

SID Mailing Address:

139 Sports Center

2900 University Ave

Crookston, MN 56716

Athletic Training Staff

Athletic Trainer: Bill Tyrrell

Asst. Athletic Trainer: Stef Goetz

Phone: (218) 281- 8427

Team Information

Overall record last year: 3-15

Conference Record/Finish: 1-6 (7th)

Starters returning/lost: 6 /5

Letter winners returning: 6

Coaching Staff

Head Coach: Chris Przemieniecki

Alma Mater: B.A. Wright State University '92
M.S. Illinois State '94

Record at School: 16-51-2

Career Record (Years): 75-107-10 (10th)

Office Phone: (218) 281-8420

Email: cprzem@umcrookston.edu

Best Time to be reached: AM

Asst. Coach: Martin Tubby

Media Information

Radio Stations:

KROX (1260AM) – Crookston

Contact: Frank Fee

Phone: (218) 281-1140

Fax: (218) 281-5036

Newspapers:

Crookston Daily Times

Contact: Dana Boe

Address: 124 S Broadway
Crookston, MN 56716

Phone: (218) 281-2730

Fax: (218) 281-7234

Grand Forks Herald

Phone: 800-477-6572

Fax: (701) 795-4603

Fargo Forum

Phone: 800-747-5538

Fax: (701) 241-5487

TV Stations:

WDAZ TV 8

Phone: 800-732-4361

Fax: (701) 746-4507

KVLY TV 11

Phone: 800-450-5844

Fax: (701) 237-5396

KXJB TV 4

Phone: (701) 282-0444

Fax: (701) 282-9331

Media Services: Final Stats will be available after home games. The SID will also fax results to any desired location. Contact SID Office prior to the game with media list.

2005 Golden Eagle Soccer Outlook



After a heartbreaking 2004 season that was riddled with injuries, fifth year head coach Chris Przemieniecki and the UMC Women's Soccer team will look to "Revive in '05". Nine new incoming players will be looked upon to replace those lost to graduation, personal set-backs, and most significantly, injuries. Once again, the Golden Eagles squad consists of players from around the country with representation this year coming from the Mid-South region, the North, and the East Coast. Only 6 players return from the 2004 season that includes remaining seniors **Christie Chappell** from Ontario, Canada and **Cory Sak** from Las Vegas, Nevada. The Golden Eagles look to rebuild for the 2005 season and make their mark in the NSIC.

Leading the way for the Golden Eagle attack this fall is two-time All-Conference, 3-time team MVP, and the Golden Eagles' all-time leading goal scorer senior Christie Chappell. Another returning standout that ranks second in team scoring is junior **Brittany Efird** from Joplin, Missouri. Between Chappell and Efird they have amassed 30 goals and 14 assists in just three seasons. The new addition up front is freshman **Jessica Vlatkovich** from Wayzata, Minnesota. Vlatkovich has led her club team and high school team in total points and will provide the necessary offensive punch for the Golden Eagles this fall.

In the midfield, the Golden Eagles are led by senior Cory Sak and junior **Kami Lucius** from Traverse City, Michigan. Supporting the returning midfielders are a young but very talented midfield class. Locally, UMC Soccer has acquired the services of Crookston High School standout **Amber Erdmann**. Though Erdmann has been recognized as the Offensive Player of the Year at CHS and currently holds the record for the most goals, she is anticipated to be filling in as a midfielder. Coming from Rapid City, South Dakota is **Becky Thorbjornsen**, an All-State selection, team MVP, and a club standout with exceptional vision. In the opposite direction geographically **Samantha Bentz** from Baltimore, Maryland, another player with superb vision, will be looked upon to help anchor the midfield. Bentz comes from a strong high school program and exceptional club team that has competed nationwide. Finally from Rice Lake, Wisconsin is All-Conference and team MVP **Alyssa Jensen**. Jensen participated in the Wisconsin high school senior bowl and the 2005 USYSA Regional play-offs with her club team.

Defensively, the Golden Eagles retained the services of **Allison Warren** from Burlington, Ontario and sophomore **Kiely Bladow** from Monument, Colorado. Both have been the crux of the Eagle defense and bring a tremendous amount of experience to the back line. However, the addition of Chicago suburb native **Elizabeth Kennedy**, an MVP in high school will keep things balanced in the back.

The goalkeeping position is considered the strongest and deepest for the Golden Eagles this fall. Three new goalkeepers will challenge for a starting position. The most experienced is junior college transfer **Mikael Joy Laajala** of Houston, Texas. Laajala led her team to the 2003 Junior College National Championships and was ranked 11th in 2003 and 8th in 2004 the country in 2004 for GAA. Laajala is a NJCAA All-Region and All-American selection. Another high school and club standout from Texas is freshman **Aimie Theobalt** (Houston, TX). Theobalt is an All-District and team MVP in high school. The Golden Eagles' third goalkeeper hails from Eden Prairie Minnesota, freshman **Megan Fagerhaug**.

2005 Golden Eagle Soccer Schedule



Aug. 26	Fri	3:30 pm	University of North Dakota
Aug. 27	Sat	1:00 pm	MSU-Moorhead vs. Washburn
Aug. 28	Sun	12:00 pm	Washburn University (KS)
Sept. 2	Fri	7:30 pm	Central Missouri State University
Sept. 4	Sun	1:00 pm	Emporia State University (KS)
Sept. 7	Wed	7:00 pm	St. Cloud State University
Sept. 9	Fri	7:30 pm	*Winona State University
Sept. 11	Sun	1:00 pm	*Concordia-St. Paul University
Sept. 14	Wed	4:00 pm	Jamestown College (ND)
Sept. 17	Sat	1:00 pm	*Northern State University (SD)
Sept. 18	Sun	1:00 pm	*Minnesota State Univ. – Moorhead
Sept. 24	Sat	1:00 pm	*Wayne State College (NE)
Sept. 25	Sun	1:00 pm	*SW Minnesota State University
Oct. 1	Sat	12:00 pm	*Bemidji State University
Oct. 8	Sat	1:00 pm	*SW Minnesota State University
Oct. 9	Sun	1:00 pm	*Wayne State University (NE)
Oct. 15	Sat	1:00 pm	*Minnesota State Univ. – Moorhead
Oct. 16	Sun	1:00 pm	*Northern State University (SD)
Oct. 22	Sat	1:00 pm	*Concordia-St. Paul University
Oct. 23	Sun	1:00 pm	*Winona State University
Oct. 29	Sat	1:00 pm	*Bemidji State University
Nov. 1	Tue	TBA	1st Round NSIC Tournament
Nov. 4-5	Fri/Sat	TBA	NSIC Championships (2005 NSIC Cup)

(*) – NSIC Games
 (#) – Pre-season scrimmage
HOME games in BOLD

			2004 NSIC Soccer Final Standings			
<u>Key Losses</u>	<u>Pos</u>	<u>Stats</u>	NSIC		Overall	
Amber Frey	D	2 goals	W-L Pct.		W-L-T Pct.	
Lydia Johnson	D	2 assists	*Winona State	6-1 .857	15-3-2	.800
			Southwest State	5-2 .714	9-10-1	.475
			Northern State	5-2 .714	14-8-0	.636
			Concordia-St. Paul	4-3 .571	10-11-0	.476
			Bemidji State	3-4 .429	11-12-0	.478
			Wayne State	3-4 .429	6-14-0	.300
			Minnesota-Crookston	1-6 .143	3-15-0	.167
			MSU-Moorhead	1-6 .143	1-15-0	.062
<u>Key Returners</u>	<u>Pos</u>	<u>Stats</u>	*2004 NSIC Champion			
Christie Chappell	F	15 points				
Brittany Efird	M	8 points				
Kiely Bladow	D	6 points				
Cory Sak	M	1 goal				
Allison Warren	D	2 goals				
Kami Lucius	M	10 shots				

2004 Season Results

DATE	OPPONENT	SITE	TIME	RESULT
8/28	Northern Michigan	Marquette, MI	1:00 pm	(0-2) L
8/29	Saginaw State (MI)	Marquette, MI	12:00 pm	(3-1) W
9/1	North Dakota	Crookston, MN	1:00 pm	(0-2) L
9/10	Upper Iowa	Crookston, MN	2:00 pm	(1-2) L
9/12	Jamestown (ND)	Crookston, MN	1:00 pm	(0-2) L
9/18	St. Cloud State	Crookston, MN	2:00 pm	(0-2) L
9/19	Mayville State (ND)	Crookston, MN	1:00 pm	(5-0) W
9/25	South Dakota	Vermillion, SD	1:00 pm	(0-1) L
9/26	Augustana (SD)	Sioux Falls, SD	12:00 pm	(0-4) L
10/2	Montana State - Billings	Billings, MT	11:00 am	(0-2) L
10/3	Rocky Mountain (MT)	Billings, MT	11:00 am	(2-5) L
10/9	Winona State*	Winona, MN	1:00 pm	(0-6) L
10/10	Concordia St. Paul	St. Paul, MN	1:00 pm	(1-2) L
10/16	Wayne State (NE)*	Crookston, MN	1:00 pm	(3-2) W
10/17	SW Minnesota State*	Crookston, MN	1:00 pm	(0-4) L
10/22	MSU Moorhead*	Moorhead, MN	3:30 pm	(1-4) L
10/24	Northern State (SD)*	Aberdeen, SD	1:00 pm	(1-3) L
10/30	Bemidji State	Crookston, MN	1:00 pm	(0-4) L
(3-15) Overall (1-6) Conference				



Overall Team Statistics

Overall: 3-15-0 Conf: 1-6-0 Home: 2-6-0 Away: 0-9-0 Neut: 1-0-0

TEAM STATISTICS	UMC	OPP
SHOT STATISTICS.....		
Goals-Shot attempts....	17-157	48-334
Shot pct.....	.108	.144
Goals/Game.....	0.9	2.7
Shots/Game.....	8.7	18.6
Assists.....	8	37
CORNER KICKS.....	36	95
PENALTY KICKS.....	1-1	0-0
PENALTIES.....		
Fouls.....	130	154
Yellow cards.....	1	1
Red cards.....	0	0
ATTENDANCE.....		
Total.....	495	1048
Dates/Avg Per Date.....	8/62	9/116
Neutral Site #/Avg.....	1/38	

Category Leaders

## POINTS	GP	G	A	Pts	Shots
10 Chappell, Christie	18	7	1	15	55
13 Efird, Brittany	18	3	2	8	21
14 Bladow, Kiely	18	2	2	6	14
18 Frey, Amber	18	2	0	4	12
2 Warren, Allison	18	2	0	4	8
17 Sak, Cory	18	1	0	2	12
3 Johnson, Lydia	18	0	2	2	12
21 Watson, Lyndsey	16	0	1	1	1

## GOALS	GP	G	A	Pts	Shots
10 Chappell, Christie	18	7	1	15	55
13 Efird, Brittany	18	3	2	8	21
18 Frey, Amber	18	2	0	4	12
14 Bladow, Kiely	18	2	2	6	14
2 Warren, Allison	18	2	0	4	8
17 Sak, Cory	18	1	0	2	12

## GAME WINNING GOALS	GP	GWG
10 Chappell, Christie	18	2
17 Sak, Cory	18	1

## ASSISTS	GP	G	A	Pts	Shots
3 Johnson, Lydia	18	0	2	2	12
13 Efird, Brittany	18	3	2	8	21
14 Bladow, Kiely	18	2	2	6	14
21 Watson, Lyndsey	16	0	1	1	1
10 Chappell, Christie	18	7	1	15	55

Soccer Statistics

OVERALL

##	Name	GP-GS	G	A	Pts	Sh	Shot%	GW	PK
10	Chappell, Christie	18-17	7	1	15	55	.127	2	1
13	Efird, Brittany	18-17	3	2	8	21	.143	0	0
14	Bladow, Kiely	18-17	2	2	6	14	.143	0	0
17	Sak, Cory	18-17	1	0	2	12	.083	1	0
18	Frey, Amber	18-17	2	0	4	12	.167	0	0
3	Johnson, Lydia	18-17	0	2	2	12	.000	0	0
5	Lucius, Kami	18-17	0	0	0	10	.000	0	0
12	Johnson, Rachelle	11-10	0	0	0	9	.000	0	0
2	Warren, Allison	18-17	2	0	4	8	.250	0	0
4	Fust, Shea	8-8	0	0	0	3	.000	0	0
21	Watson, Lyndsey	16-9	0	1	1	1	.000	0	0
05	05	1-0	0	0	0	0	.000	0	0
0	Katie Leonard	4-0	0	0	0	0	.000	0	0
1	LaFond, Rachel	17-4	0	0	0	0	.000	0	0
Total.....		18	17	8	42	157	.108	3	1
Opponents.....		18	48	37	133	334	.144	13	0

CONFERENCE

GP-GS	G	A	Pts	Sh	Shot%	GW	PK
7-7	1	1	3	23	.043	0	0
7-7	2	1	5	7	.286	0	0
7-7	1	0	2	3	.333	0	0
7-7	1	0	2	5	.200	1	0
7-7	1	0	2	3	.333	0	0
7-7	0	1	1	5	.000	0	0
7-7	0	0	0	6	.000	0	0
-							
7-7	0	0	0	2	.000	0	0
-							
7-7	0	0	0	1	.000	0	0
-							
7-2	0	0	0	0	.000	0	0
7	6	3	15	55	.109	1	0
7	25	20	70	141	.177	5	0

OVERALL

-GOAL AVERAGE- -SAVES- -RECORD-											
##	Name	GP-GS	Min.	GA	GAAvg	Svs	Pct	W	L	T	Sho
0	Katie Leonard	4-4	360:00	7	1.75	27	.794	1	3	0	0.0
1	LaFond, Rachel	17-9	1260:00	41	2.93	99	.707	2	11	0	1.0
Total.....		18	1620:00	48	2.67	127	.726	3	14	0	1
Opponents.....		18	1620:00	17	0.94	78	.821	14	3	0	10

CONFERENCE

-GOAL AVERAGE- -SAVES- -RECORD-										
GP-GS	Min.	GA	GAAvg	Svs	Pct	W	L	T	Sho	
-										
7-5	630:00	25	3.57	58	.699	1	5	0	0.0	
7	630:00	25	3.57	58	.699	1	5	0	0	
7	630:00	6	0.86	29	.829	5	1	0	3	

