



General Information

Location: Crookston, MN
Address: 2900 University Ave
Crookston, MN 56716
Founded: 1966 (2 year), 1993 (4 year)
Enrollment: 1,200 Students
Nickname: Golden Eagles
School Colors: Maroon & Gold
Home Arena: Lysaker Gymnasium
Seating Capacity: 3,000
Affiliation: NCAA Division II
Conference: Northern Sun Intercollegiate
Conference (NSIC)
Chancellor: Charles H. Casey, D.V.M.
Director of Athletics: Stephanie Helgeson
Asst. Athletic Director/SWA: Natasha Kuhle
Compliance Coordinator: Jason Tangquist
Faculty Athletic Rep: Cleon Melsa, Ph.D.
Athletic Dept Phone: (218) 281-8414
Press Box Phone: (218) 281-8037

Sports Information

Sports Info Director: Mitch Bakken
Bakken Office Phone: (218) 281-8414
Bakken Email: bakke044@umn.edu
Asst. Sports Info Director: Chris Vito
Vito Office Phone: (218) 281-8445
Vito Email: vito@umn.edu
SID Fax: (218) 281-8430
UMC Athletics Homepage
www.goldeneaglesports.com

SID Mailing Address:

139 Sports Center
2900 University Ave
Crookston, MN 56716

Team Information

Overall record last year: 6-23
Conference Record: 6-14 (tied for 9th)
Starters returning/lost: 3 / 4
Letter winners returning: 5

Coaching Staff

Head Coach: Lee Anderson
Alma Mater: University of Calgary
Record at School: 12-47
Career Record (Years): 31-116 (4)
Assistant Coach: Heather Grieser
Office Phone: (218) 281-8418
Anderson Email: ande9330@umn.edu
Grieser Email: gries032@umn.edu
Best Time to be reached: AM

Athletic Training Staff

Athletic Trainer: Stef Parsons
Asst. Athletic Trainer: Kristin Chase
Phone: (218) 281- 8427

Media Information

Radio Stations:
KROX (1260AM) – Crookston
Contact: Frank Fee
Phone: (218) 281-1140
Fax: (218) 281-5036

Newspapers:

Crookston Daily Times
Contact: Derek Martin
Address: 124 S Broadway
Crookston, MN 56716
Phone: (218) 281-2730
Fax: (218) 281-7234
Grand Forks Herald
Phone: 800-477-6572
Fax: (701) 795-4603
Fargo Forum
Phone: 800-747-5538
Fax: (701) 241-5487

TV Stations:

WDAZ TV 8
Phone: 800-732-4361
Fax: (701) 746-4507
KVLY TV 11
Phone: 800-450-5844
Fax: (701) 237-5396
KXJB TV 4
Phone: (701) 282-0444
Fax: (701) 282-9331

Media Services: Final Stats will be available after home games. The SID will also fax results to any desired location. Contact SID Office prior to the game with media list.

**2009 VOLLEYBALL
ROSTER**

GOLDEN EAGLES



<u>#</u>	<u>Name</u>	<u>Pos.</u>	<u>Ht.</u>	<u>Yr.</u>	<u>Hometown</u>
1	Kelsey Matykowski	S	5'7	SO	Sun Prairie, WI
2	Katy Morgan	OH/DS	5'8	FR	Orono, MN
3	Ann Spenner	MH	5'10	JR	Dodge, NE
7	Amanda Swann	OH	5'11	FR	Rochester, MI
8	Alyssa Krikke	MH	6'0	JR	Grand Rapids, MI
9	Shannon Cologna	S	5'8	JR	Peoria, AZ
10	Danielle Rueter	OH/DS	5'9	SO	Burlington, WI
11	Amber Meyer	MH	6'2	JR	Paxton, NE
12	Ashley Allen	OH	6'0	SR	Buffalo, MN
13	Margo McHugh	OH/DS	5'8	FR	Indian Harbor, FL
14	Jaclyn Slepicka *	LIB	5'4	SR	Crystal Lake, IL
15	Janie Bauer	S/DS	5'8	SO	Menomonie, WI

* Captains

Head Coach.....Lee Anderson

Assistant Coach.....Heather Grieser

Pronunciations:

Matykowski = (Matt-a-cow-ski)
Krikke = (Crick-ee)
Cologna = (Co-low-na)

Rueter = (Ritt-er)
McHugh = (Mc-hew)
Slepicka = (Sla-peek-a)



2009 VOLLEYBALL SCHEDULE

GOLDEN EAGLES



Date	Opponent	Site	Time
August 28	St. Joseph's University (IN) <i>Ferris State University Invite</i>	Big Rapids, MI	11:00 am
August 28	University of Southern Indiana <i>Ferris State University Invite</i>	Big Rapids, MI	2:00 pm
August 29	University of Indianapolis <i>Ferris State University Invite</i>	Big Rapids, MI	9:30 am
August 29	Ferris State University (MI) <i>Ferris State University Invite</i>	Big Rapids, MI	2:30 pm
September 4	Lake Superior State Univ. <i>University Findlay Classic</i>	Findlay, OH	12:00 pm
September 4	Wayne State University (MI) <i>University Findlay Classic</i>	Findlay, OH	5:00 pm
September 5	University of Findlay <i>University Findlay Classic</i>	Findlay, OH	1:30 pm
September 5	Hillsdale College (MI) <i>University Findlay Classic</i>	Findlay, OH	6:30 pm
September 11	St. Joseph's University (IN) <i>UW-Parkside Invitational</i>	Kenosha, WI	9:00 am
September 11	Quincy University (IL) <i>UW-Parkside Invitational</i>	Kenosha, WI	2:00 pm
September 12	University of Indianapolis <i>UW-Parkside Invitational</i>	Kenosha, WI	11:30 am
September 12	UW-Parkside <i>UW-Parkside Invitational</i>	Kenosha, WI	7:00 pm
September 15	MSU Moorhead*	Moorhead, MN	7:00 pm
September 18	Minnesota Duluth*	Duluth, MN	7:00 pm
September 19	Bemidji State*	Bemidji, MN	3:00 pm
September 25	Concordia-St. Paul*	Crookston, MN	7:00 pm
September 26	St. Cloud State*	Crookston, MN	4:00 pm
September 29	Lakehead University (Thunder Bay, ON)	Crookston, MN	7:00 pm
October 2	Minnesota State*	Crookston, MN	7:00 pm
October 3	Southwest Minnesota St.*	Crookston, MN	5:00 pm
October 9	Wayne State*	Wayne, NE	7:00 pm
October 10	Augustana*	Sioux Falls, SD	4:00 pm
October 13	University of Mary* Faculty/Staff Appreciation	Crookston, MN	7:00 pm
October 17	MSU Moorhead* (Dig Pink- For Breast Cancer Research)	Crookston, MN	7:00 pm
October 23	Upper Iowa*	Crookston, MN	7:00 pm
October 24	Winona State*	Crookston, MN	4:00 pm
October 30	University of Mary*	Bismarck, ND	7:00 pm
October 31	Northern State*	Aberdeen, SD	6:00 pm
November 6	Concordia-St. Paul*	St. Paul, MN	7:00 pm
November 7	St. Cloud State*	St. Cloud, MN	5:00 pm
November 10	Southwest Minnesota St.*	Marshall, MN	7:00 pm
November 13	Wayne State* (Parent's Night)	Crookston, MN	7:00 pm
November 14	Augustana* (Senior Night)	Crookston, MN	4:00 pm
November 19-21	NCAA Regional	TBA	TBA

* = Conference Matches

Bold = Home Matches

2008 VOLLEYBALL COMBINED STATS

GOLDEN EAGLES



Golden Eagle Volleyball Minnesota, Crookston Combined Team Statistics (as of Jun 30, 2009) All matches

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	6-23	4-9	2-11	0-3
CONFERENCE	6-14	4-6	2-8	0-0
NON-CONFERENCE	0-9	0-3	0-3	0-3

#	Player	sp	Attack					Set		Serve			re	Dig		Blocking						points
			k	k/s	e	ta	pct	a	a/s	sa	se	sa/s		dig	dig/s	bs	ba	total	blk/s	be	bhe	
11	Meyer, Amber	102	331	3.25	121	754	.279	16	0.16	0	0	0.00	1	27	0.26	8	43	51	0.50	10	4	-
10	Rueter, Danielle	102	164	1.61	100	656	.098	15	0.15	18	36	0.18	39	243	2.38	1	21	22	0.22	7	1	-
9	Zajicek, Allison	83	117	1.41	49	344	.198	1	0.01	4	0	0.05	0	20	0.24	4	44	48	0.58	5	4	-
1	Foreman, Heather	101	142	1.41	109	607	.054	17	0.17	16	21	0.16	48	253	2.50	1	16	17	0.17	1	1	-
12	Allen, Ashley	95	117	1.23	68	338	.145	12	0.13	16	24	0.17	14	72	0.76	4	20	24	0.25	1	0	-
7	Hubbell, Andrea	98	117	1.19	48	321	.215	5	0.05	5	6	0.05	0	24	0.24	11	62	73	0.74	6	1	-
2	Bonine, Katie	54	59	1.09	48	205	.054	4	0.07	5	11	0.09	5	49	0.91	1	7	8	0.15	8	0	-
3	Yates, Cassie	102	48	0.47	20	163	.172	746	7.31	24	25	0.24	0	208	2.04	4	16	20	0.20	8	22	-
6	Holmquist, Kate	85	3	0.04	7	16	-.250	181	2.13	12	36	0.14	0	123	1.45	0	1	1	0.01	1	10	-
14	Slepicka, Jaclyn	101	2	0.02	0	3	.667	23	0.23	19	36	0.19	55	364	3.60	0	0	0	0.00	0	0	-
	TEAM	-	-	-	-	-	-	-	-	-	-	-	29	-	-	-	-	-	-	-	-	-
	MINNESOTA, CROOK	102	1100	10.78	571	3408	.155	1023	10.03	119	195	1.17	191	1383	13.56	34	230	149.0	1.46	47	43	-
	Opponents	102	1384	13.57	509	3501	.250	1284	12.59	191	199	1.87	118	1524	14.94	30	333	196.5	1.93	34	26	-

Team Statistics	UMCVB	OPP	Date	Opponent	Score	Score by set	Att.
ATTACK			*Aug 29	at Nebraska-Omaha	L 0-3	12-25,22-25,15-25	284
Kills	1100	1384	Aug 29	vs NW Missouri State	L 1-3	25-27,25-19,23-25,22-25	312
Errors	571	509	Aug 30	vs Rockhurst	L 1-3	27-25,22-25,11-25,15-25	122
Total Attacks	3408	3501	Aug 30	vs Northern Michigan	L 0-3	23-25,16-25,23-25	112
Attack Pct	.155	.250	Sep 05	LAKE SUPERIOR STATE	L 0-3	18-25,22-25,23-25	62
Kills/Set	8.4	10.6	Sep 05	UNIV. OF MANITOBA	L 1-3	25-18,10-25,14-25,20-25	120
SET			Sep 06	SOUTH DAKOTA	L 0-3	16-25,17-25,16-25	78
Assists	1023	1284	Sep 11	at North Dakota	L 1-3	14-25,24-26,25-13,20-25	214
Assists/Set	7.8	9.8	Sep 13	at South Dakota	L 0-3	13-25,12-25,14-25	65
SERVE			*Sep. 16	at MSU Moorhead	L 0-3	11-25,19-25,21-25	0
Aces	119	191	*Sep 19	MINNESOTA DULUTH	L 1-3	15-25,21-25,28-26,16-25	77
Errors	195	199	*Sep 20	BEMIDJI STATE	W 3-1	25-20,25-21,23-25,25-23	63
Aces/Set	0.9	1.5	*Sep 26	at Concordia-St. Paul	L 0-3	11-25,15-25,16-25	215
SERVE RECEPTIONS			*P Sep 27	at St. Cloud State	W 3-2	16-25,25-22,16-25,25-17,16-14	221
Errors	191	118	**Oct 03	at Minnesota State	L 0-3	23-25,15-25,18-25	389
Errors/Set	1.5	0.9	*Oct 04	at Southwest Minnesota	L 0-3	12-25,14-25,16-25	514
DEFENSE			*Oct 10	WAYNE STATE	L 1-3	13-25,19-25,25-15,21-25	83
Digs	1383	1524	*Oct 11	AUGUSTANA	L 0-3	20-25,18-25,12-25	65
Digs/Set	10.6	11.6	*Oct 14	at University of Mary	W 3-0	25-23,25-20,25-22	151
BLOCKING			*Oct 18	MSU MOORHEAD	L 0-3	24-26,19-25,23-25	285
Block Solo	34	30	*Oct 24	at Upper Iowa	L 1-3	25-23,23-25,23-25,23-25	300
Block Assist	230	333	*Oct 25	at Winona State	L 0-3	17-25,19-25,18-25	184
Total Blocks	149.0	196.5	*Oct 31	UNIVERSITY OF MARY	W 3-2	25-21,25-23,18-25,18-25,15-5	88
Blocks Per Game	1.1	1.5	*Nov 1	NORTHERN STATE	W 3-2	25-20,25-19,32-34,20-25,15-8	105
Block Errors	47	34	*Nov 07	CONCORDIA-ST. PAUL	L 0-3	19-25,15-25,14-25	88
Ball handling errors	43	26	*Nov 08	ST. CLOUD STATE	W 3-1	22-25,25-22,25-17,25-20	106
ATTENDANCE			*Nov 11	SOUTHWEST MINNESOTA	L 0-3	19-25,19-25,18-25	155
Total	1375	3211	*11/14/08	at Wayne State	L 0-3	14-25,22-25,19-25	431
Dates/Avg Per Date	13/106	13/247	*Nov 15	at Augustana	L 0-3	19-25,17-25,15-25	243
Neutral site #/Avg	3/182						
Current win streak	0	-					
Home win streak	0	-					

Record in 3-set matches: 1-16
Record in 4-set matches: 2-7
Record in 5-set matches: 3-0

**2008 VOLLEYBALL
INDIVIDUAL
STATS**

GOLDEN EAGLES



**Golden Eagle Volleyball
Minnesota, Crookston Overall Individual Statistics (as of Jun 30, 2009)
All matches**

Overall record: 6-23 Conf: 6-14 Home: 4-9 Away: 2-11 Neutral: 0-3

##	Player	sp	mp-ms	Attack					Set		Serve		
				k	k/s	e	ta	pct	a	a/s	sa	sa/s	se
11	Meyer, Amber	102	29-29	331	3.25	121	754	.279	16	0.16	0	0.00	0
10	Rueter, Danielle	102	29-29	164	1.61	100	656	.098	15	0.15	18	0.18	36
9	Zajicek, Allison	83	25-19	117	1.41	49	344	.198	1	0.01	4	0.05	0
1	Foreman, Heather	101	29-28	142	1.41	109	607	.054	17	0.17	16	0.16	21
12	Allen, Ashley	95	29-18	117	1.23	68	338	.145	12	0.13	16	0.17	24
7	Hubbell, Andrea	98	29-19	117	1.19	48	321	.215	5	0.05	5	0.05	6
2	Bonine, Katie	54	21-3	59	1.09	48	205	.054	4	0.07	5	0.09	11
3	Yates, Cassie	102	29-28	48	0.47	20	163	.172	746	7.31	24	0.24	25
6	Holmquist, Kate	85	25-0	3	0.04	7	16	-.250	181	2.13	12	0.14	36
14	Slepicka, Jaclyn	101	29-0	2	0.02	0	3	.667	23	0.23	19	0.19	36
	MINNESOTA, CROOKSTO	131	29-29	1100	8.40	571	3408	.155	1023	7.81	119	0.91	195
	Opponents	131	29-29	1384	10.56	509	3501	.250	1284	9.80	191	1.46	199

##	Player	sp	re	Dig		Blocking					bhe
				dig	dig/s	bs	ba	total	blk/s	be	
11	Meyer, Amber	102	1	27	0.26	8	43	51	0.50	10	4
10	Rueter, Danielle	102	39	243	2.38	1	21	22	0.22	7	1
9	Zajicek, Allison	83	0	20	0.24	4	44	48	0.58	5	4
1	Foreman, Heather	101	48	253	2.50	1	16	17	0.17	1	1
12	Allen, Ashley	95	14	72	0.76	4	20	24	0.25	1	0
7	Hubbell, Andrea	98	0	24	0.24	11	62	73	0.74	6	1
2	Bonine, Katie	54	5	49	0.91	1	7	8	0.15	8	0
3	Yates, Cassie	102	0	208	2.04	4	16	20	0.20	8	22
6	Holmquist, Kate	85	0	123	1.45	0	1	1	0.01	1	10
14	Slepicka, Jaclyn	101	55	364	3.60	0	0	0	0.00	0	0
-	TEAM	-	29	-	-	-	-	-	-	-	-
	MINNESOTA, CROOKSTO	131	191	1383	10.56	34	230	149.0	1.14	47	43
	Opponents.....	131	118	1524	11.63	30	333	196.5	1.50	34	26

2008 VOLLEYBALL CATEGORY LEADERS

GOLDEN EAGLES



Golden Eagle Volleyball Minnesota, Crookston Category Leaders (as of Jun 30, 2009) All matches

#	ATTACK (by Pct)	S	K	K/S	E	TA	Pct
14	Slepicka, Jaclyn	101	2	0.02	0	3	.667
11	Meyer, Amber	102	331	3.25	121	754	.279
7	Hubbell, Andrea	98	117	1.19	48	321	.215
9	Zajicek, Allison	83	117	1.41	49	344	.198
3	Yates, Cassie	102	48	0.47	20	163	.172
12	Allen, Ashley	95	117	1.23	68	338	.145
10	Rueter, Danielle	102	164	1.61	100	656	.098
1	Foreman, Heather	101	142	1.41	109	607	.054
2	Bonine, Katie	54	59	1.09	48	205	.054
6	Holmquist, Kate	85	3	0.04	7	16	-.250
TM	TEAM	102	0	0.00	1	1	-1.000

#	KILL (by K/Set)	S	K	K/S
11	Meyer, Amber	102	331	3.25
10	Rueter, Danielle	102	164	1.61
9	Zajicek, Allison	83	117	1.41
1	Foreman, Heather	101	142	1.41
12	Allen, Ashley	95	117	1.23
7	Hubbell, Andrea	98	117	1.19
2	Bonine, Katie	54	59	1.09
3	Yates, Cassie	102	48	0.47
6	Holmquist, Kate	85	3	0.04
14	Slepicka, Jaclyn	101	2	0.02
TM	TEAM	102	0	0.00

#	SET (by A/Set)	S	A	A/S	TA	Pct
3	Yates, Cassie	102	746	7.31	-	-
6	Holmquist, Kate	85	181	2.13	-	-
14	Slepicka, Jaclyn	101	23	0.23	-	-
1	Foreman, Heather	101	17	0.17	-	-
11	Meyer, Amber	102	16	0.16	-	-
10	Rueter, Danielle	102	15	0.15	-	-
12	Allen, Ashley	95	12	0.13	-	-
2	Bonine, Katie	54	4	0.07	-	-
7	Hubbell, Andrea	98	5	0.05	-	-
TM	TEAM	102	3	0.03	-	-
9	Zajicek, Allison	83	1	0.01	-	-

#	SERVE (by ##)	S	SA	SE	SA/S	TA	Pct
1	Foreman, Heather	101	16	21	0.16	-	-
2	Bonine, Katie	54	5	11	0.09	-	-
3	Yates, Cassie	102	24	25	0.24	-	-
6	Holmquist, Kate	85	12	36	0.14	-	-
7	Hubbell, Andrea	98	5	6	0.05	-	-
9	Zajicek, Allison	83	4	0	0.05	-	-
10	Rueter, Danielle	102	18	36	0.18	-	-
11	Meyer, Amber	102	0	0	0.00	-	-
12	Allen, Ashley	95	16	24	0.17	-	-
14	Slepicka, Jaclyn	101	19	36	0.19	-	-

#	BLOCK (by B/Set)	S	BS	BA	Total	Blk/S
7	Hubbell, Andrea	98	11	62	73.0	0.74
9	Zajicek, Allison	83	4	44	48.0	0.58
11	Meyer, Amber	102	8	43	51.0	0.50
12	Allen, Ashley	95	4	20	24.0	0.25
10	Rueter, Danielle	102	1	21	22.0	0.22
3	Yates, Cassie	102	4	16	20.0	0.20
1	Foreman, Heather	101	1	16	17.0	0.17
2	Bonine, Katie	54	1	7	8.0	0.15
6	Holmquist, Kate	85	0	1	1.0	0.01
TM	TEAM	102	0	0	0.0	0.00

#	DEFENSE (by Dig/Set)	S	Dig	Dig/S	BHE
14	Slepicka, Jaclyn	101	364	3.60	0
1	Foreman, Heather	101	253	2.50	1
10	Rueter, Danielle	102	243	2.38	1
3	Yates, Cassie	102	208	2.04	22
6	Holmquist, Kate	85	123	1.45	10
2	Bonine, Katie	54	49	0.91	0
12	Allen, Ashley	95	72	0.76	0
11	Meyer, Amber	102	27	0.26	4
7	Hubbell, Andrea	98	24	0.24	1
9	Zajicek, Allison	83	20	0.24	4

#	RECEIPT (by Pct)	S	RE	RE/S	TA	Pct
7	Hubbell, Andrea	98	0	0.00	-	-
6	Holmquist, Kate	85	0	0.00	-	-
9	Zajicek, Allison	83	0	0.00	-	-
3	Yates, Cassie	102	0	0.00	-	-
2	Bonine, Katie	54	5	0.09	-	-
10	Rueter, Danielle	102	39	0.38	-	-
TM	TEAM	-	29	0.28	-	-
14	Slepicka, Jaclyn	101	55	0.54	-	-
1	Foreman, Heather	101	48	0.48	-	-
12	Allen, Ashley	95	14	0.15	-	-
11	Meyer, Amber	102	1	0.01	-	-

2008 NSIC Final Standings

Institution	Conference	W-L	Games	Pct	Overall	W-L	Games	Pct
			For Opp				For Opp	
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Concordia-St. Paul..	20-0	60	5	1.000	37-1	111	18	.974
Southwest Minnesota.	16-4	50	24	.800	28-6	88	39	.824
Minnesota Duluth....	15-5	48	22	.750	26-9	84	40	.743
Augustana College...	15-5	50	20	.750	23-11	80	46	.676
Minnesota State.....	15-5	50	23	.750	20-11	71	45	.645
Wayne State.....	12-8	44	31	.600	23-10	78	44	.697
MSU Moorhead.....	11-9	38	31	.550	17-14	59	52	.548
Winona State.....	10-10	37	35	.500	12-17	50	58	.414
Northern State.....	6-14	27	46	.300	15-15	55	58	.500
Minnesota, Crookston	6-14	21	50	.300	6-22	24	74	.214
St. Cloud State.....	5-15	26	50	.250	7-21	37	68	.250
Upper Iowa.....	3-17	19	55	.150	11-21	45	73	.344
Bemidji State.....	3-17	12	52	.150	7-24	29	74	.226
University of Mary..	3-17	15	53	.150	5-27	22	86	.156