

2007 Golden Eagle Volleyball

General Information

Location: Crookston, MN
Address: 2900 University Ave
Crookston, MN 56716
Founded: 1966 (2 year), 1993 (4 year)
Enrollment: 1,200 Students
Nickname: Golden Eagles
School Colors: Maroon & Gold
Home Arena: Lysaker Gymnasium
Seating Capacity: 3,000
Affiliation: NCAA Division II
Conference: Northern Sun Intercollegiate
Conference (NSIC)
Chancellor: Charles H. Casey, D.V.M.
Director of Athletics: Stephanie Helgeson
Asst. Athletic Director/SWA: Natasha Kuhle
Compliance Coordinator: Jason Tangquist
Faculty Athletic Rep: Cleon Melsa, Ph.D.
Athletic Dept Phone: (218) 281-8414
Press Box Phone: (218) 281-8037

Sports Information

Sports Info Director: Mitch Bakken
Bakken Office Phone: (218) 281-8414
Bakken Cell Phone: (701) 730-2727
Bakken Email: bakke044@umn.edu
Asst. Sports Info Director: Chris Vito
Vito Office Phone: (218) 281-8445
Vito Email: vito@umn.edu
Vito Cell Phone: (218) 393-3826
SID Fax: (218) 281-8430
UMC Athletics Homepage
www.goldeneaglesports.com
SID Mailing Address:
139 Sports Center
2900 University Ave
Crookston, MN 56716

Team Information

Overall record last year: 8-27
Conference Record/Finish: 4-14 / 8th
Starters returning/lost: 5 / 1
Letter winners returning: 9

Coaching Staff

Head Coach: Lee Anderson
Alma Mater: University of Calgary
Record at School: 0-0
Career Record (Years): 13-45 (2)
Assistant Coach: Heather Grieser
Office Phone: (218) 281-8418
Email:
Best Time to be reached: AM

Athletic Training Staff

Athletic Trainer: Stef Parsons
Asst. Athletic Trainer: Adam Leiphon
Phone: (218) 281- 8427

Media Information

Radio Stations:
KROX (1260AM) – Crookston
Contact: Frank Fee
Phone: (218) 281-1140
Fax: (218) 281-5036

Newspapers:

Crookston Daily Times TM
Contact: Jason Ivanitz
Address: 124 S Broadway
Crookston, MN 56716
Phone: (218) 281-2730
Fax: (218) 281-7234
Grand Forks Herald
Phone: 800-477-6572
Fax: (701) 795-4603
Fargo Forum
Phone: 800-747-5538
Fax: (701) 241-5487

TV Stations:

WDAZ TV 8
Phone: 800-732-4361
Fax: (701) 746-4507
KVLY TV 11
Phone: 800-450-5844
Fax: (701) 237-5396
KXJB TV 4
Phone: (701) 282-0444
Fax: (701) 282-9331

Media Services: Final Stats will be available after home games. The SID will also fax results to any desired location. Contact SID Office prior to the game with media list.

2007 Golden Eagle Volleyball Roster



#	Name	Pos.	Ht.	Yr.	Hometown
1	Heather Foreman	OH	5'10	JR	Brandon, MB
2	Katie Bonine	OH	5'10	FR	Cottage Grove, MN
3	Cassie Yates	S	5'10	JR	Buffalo, MN
5	Lisa Steinbrecher	DS	5'7	SR	Seward, AK
7	Andrea Hubbell	MH	6'1	FR	Isle, MN
8	Megan Derouard	S/DS	5'7	SR	Kenora, Ontario
9	Allison Zajicek	MH	6'0	JR	Beatrice, NE
11	Amber Meyer	MH	6'2	FR	Paxton, NE
12	Ashley Allen	OH	6'0	SO	Buffalo, MN
13	Caitlin Canton	DS	5'8	FR	St. Paul, MN
14	Jaclyn Slepicka	LIB	5'2	SO	Crystal Lake, IL
16	Theresa Crance*	MH	6'1	SR	Timberlake, SD

* Captains

Head Coach.....Lee Anderson

Assistant Coach.....Heather Grieser

Phonetic Pronunciations:

Zajicek = (Zi-check)

Steinbrecher = (Stein-brecker)

Biddle = (Bid-dle)

Derouard = (Dare-wha)

Slepicka = (Sla-peek-a)

Canton = (Can-ton)

Bonine = (Bo-nine)

2007 Golden Eagle Volleyball Schedule

Date	Opponent	Site	Time
August			
24	West Virginia State / Ferris State Tournament	Big Rapids, MI	1:00 pm
24	Grand Valley State / Ferris State Tournament	Big Rapids, MI	6:00 pm
25	Lake Superior State / Ferris State Tournament	Big Rapids, MI	9:30 am
25	Alaska-Anchorage / Ferris State Tournament	Big Rapids, MI	3:00 pm
30	Chadron State	Crookston, MN	5:00 pm
31	Dickinson State University UND Tournament	Grand Forks, ND	4:30 pm
September			
1	Northern Michigan UND Tournament	Grand Forks, ND	2:00 pm
7	University of Mary*	Bismarck, ND	7:00 pm
8	Northern State University*	Aberdeen, SD	4:00 pm
11	Jamestown College	Jamestown, ND	7:00 pm
14	MSU-Moorhead*	Crookston, MN	7:00 pm
15	Concordia-St. Paul*	Crookston, MN	5:00 pm
18	University of North Dakota	Grand Forks, ND	7:00 pm
21	Upper Iowa*	Fayette, IA	7:00 pm
22	Winona State University*	Winona, MN	3:00 pm
25	St. Cloud State	Crookston, MN	7:00 pm
28	Bemidji State University*	Bemidji, MN	7:00 pm
October			
2	Concordia- St. Paul*	St. Paul, MN	7:00 pm
5	Wayne State College*	Crookston, MN	7:00 pm
6	SW Minnesota State*	Crookston, MN	5:00 pm
12	Northern State University*	Crookston, MN	7:00 pm
13	University of Mary*	Crookston, MN	4:00 pm
16	MSU-Moorhead*	Moorhead, MN	7:00 pm
19	Winona State University*	Crookston, MN	7:00 pm
20	Upper Iowa*	Crookston, MN	5:00 pm
23	University of North Dakota	Crookston, MN	7:00 pm
26	SW Minnesota State*	Marshall, MN	7:00 pm
27	Wayne State College*	Wayne, NE	3:00 pm
November			
2	University of South Dakota	Crookston, MN	7:00 pm
3	Bemidji State University*	Crookston, MN	3:00 pm
6	NSIC Conference Tourney	TBD	TBD
9	NSIC Conference Tourney	TBD	TBD
10	NSIC Conference Tourney	TBD	TBD



2006 Combined Team Statistics

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL MATCHES.....	(8-27)	(2-7)	(2-12)	(4-8)
CONFERENCE.....	(4-14)	(2-5)	(1-5)	(1-4)
NON-CONFERENCE.....	(4-13)	(0-2)	(1-7)	(3-4)

##	STATS SUMMARY	ATTACK			SET		SERVE			DIG		BLOCKING					BS	BA Total	B/G	BE	BHE	Points
		G	K	K/G	E	TA	Pct	A	A/G	SA	SE	SA/G	RE	DIG	D/G							
4	Flynn, Erin	115	433	3.77	132	978	.308	39	0.34	11	27	0.10	38	278	2.42	31	80	111	0.97	3	5	515.0
16	Crance, Theresa	114	300	2.63	134	826	.201	14	0.12	2	10	0.02	3	28	0.25	18	76	94	0.82	7	7	358.0
1	Foreman, Heather	112	283	2.53	158	962	.130	7	0.06	20	27	0.18	47	367	3.28	1	25	26	0.23	3	4	316.5
8	Derouard, Megan	98	8	0.08	3	39	.128	102	1.04	19	28	0.19	9	203	2.07	0	1	1	0.01	1	13	27.5
11	Kern, Elizabeth	56	86	1.54	58	308	.091	1	0.02	1	2	0.02	9	25	0.45	2	13	15	0.27	4	1	95.5
9	Zajicek, Allison	100	121	1.21	80	452	.091	4	0.04	6	8	0.06	2	66	0.66	7	50	57	0.57	4	1	159.0
12	Allen, Ashley	96	181	1.89	144	700	.053	5	0.05	19	22	0.20	20	157	1.64	2	21	23	0.24	3	4	212.5
3	Yates, Cassie	113	26	0.23	24	160	.013	1174	10.39	16	17	0.14	1	223	1.97	7	45	52	0.46	11	37	71.5
10	Fitzgerald, Bekah	38	34	0.89	34	159	.000	7	0.18	0	2	0.00	5	34	0.89	2	7	9	0.24	1	0	39.5
5	Steinbrecher, Lisa	87	13	0.15	19	103	-.058	3	0.03	7	11	0.08	36	177	2.03	0	1	1	0.01	2	0	20.5
14	Slepicka, Jaclyn	110	2	0.02	4	16	-.125	8	0.07	19	26	0.17	28	277	2.52	0	0	0	0.00	0	0	21.0
6	Winkelman, Britney	49	2	0.04	7	14	-.357	4	0.08	8	12	0.16	9	91	1.86	0	0	0	0.00	1	0	10.0
2	Rasmussen, JaNae	26	0	0.00	1	2	-.500	1	0.04	1	1	0.04	5	9	0.35	0	1	1	0.04	0	0	1.5
TEAM		29																				
MINNESOTA, CROOKSTON		115	1489	12.95	799	4721	.146	1369	11.90	129	193	1.12	241	1939	16.86	70	320	230.0	2.00	40	74	1848.0
Opponents.....		115	1830	15.91	706	4852	.232	1648	14.33	241	191	2.10	129	2015	17.52	68	412	274.0	2.38	48	97	2345.0



2006 NSIC Volleyball Final Standings

	NSIC	Overall
	W-L Pct.	W-L Pct.
Concordia-St. Paul *^	14-0 1.000	30-4 .882
MSU Moorhead	10-4 .714	25-6 .806
Southwest State	10-4 .714	26-8 .765
Wayne State (Neb.)	10-4 .714	25-10 .714
Northern State	6-8 .429	15-16 .484
Winona State	4-10 .286	16-17 .485
Minnesota-Crookston	2-12 .143	8-21 .276
Bemidji State	0-14 .000	3-31 .088

* 2005 NSIC Champion

^ Tournament Champion

Key Losses

Pos	Stats
Erin Flynn	MH
	433 kills
	3.77 K/Game
	111 total blocks

Key Returners

Pos	Stats
Theresa Crance	MH
	300 kills
Cassie Yates	S
	1,174 assists
Heather Foreman	OH
	283 kills

A/Game = Assists/Game

K/Game = Kills/Game

SA = Service Ace

2006 Season Results

DATE	OPPONENT	W/L	SCORE	SCORE - BY - GAME	ATTEND
Aug 25	at #8 Nebraska-Kearney	L	0-3	20-30, 24-30, 26-30	462
Aug 25	vs SW Oklahoma State	W	3-1	30-26, 29-31, 30-18, 30-27	200
Aug 26	vs #23 Rockhurst	L	0-3	25-30, 18-30, 11-30	75
# Aug 26	vs Iowa Wesleyan	W	3-1	25-30, 30-26, 30-27, 30-28	60
Aug 28	at Chadron St.	W	3-0	36-34, 33-31, 30-20	537
Aug 29	at Regis University	L	0-3	19-30, 30-32, 20-30	176
Aug 30	at Colo. Christian	L	0-3	28-30, 19-30, 27-30	250
9/1/06	at Colorado Mines	L	0-3	27-30, 18-30, 21-30	82
Sep 01	vs Western State	L	0-3	16-30, 28-30, 29-31	81
Sep 02	vs CSU-Pueblo	L	0-3	19-30, 26-30, 22-30	25
Sep 02	vs Adams State	W	3-0	31-29, 30-20, 30-17	62
* Sep 08	vs Upper Iowa	L	1-3	25-30, 30-25, 24-30, 21-30	85
* Sept 9	vs Concordia-St.Paul	L	0-3	10-30, 22-30, 20-30	80
* Sep 09	vs Winona State	L	0-3	18-30, 11-30, 20-30	34
Sep 12	UND	L	0-3	24-30, 26-30, 26-30	225
* Sep 15	SW MINNESOTA STATE	L	0-3	32-34, 26-30, 15-30	82
* Sep 16	WAYNE STATE COLLEGE	L	0-3	18-30, 22-30, 20-30	72
Sep 19	at St. Cloud State	L	0-3	28-30, 23-30, 23-30	314
* Sep 22	at Northern State	L	1-3	30-24, 20-30, 17-30, 25-30	235
* Sep 23	at University of Mary	L	0-3	24-30, 26-30, 18-30	-
* Sep 26	BEMIDJI STATE	W	3-0	30-18, 30-17, 30-14	168
* Sep 30	MSU-MOORHEAD	L	0-3	22-30, 22-30, 20-30	96
* Oct 06	vs Winona State	L	0-3	16-30, 25-30, 22-30	21
* Oct 06	CONCORDIA-ST.PAUL	L	0-3	16-30, 24-30, 24-30	-
* Oct 07	vs Upper Iowa	W	3-1	25-30, 30-28, 30-24, 30-22	59
Oct 10	at UND	L	0-3	19-30, 27-30, 20-30	512
* Oct 13	at #23 Wayne State Colleg	L	0-3	15-30, 24-30, 20-30	368
* Oct 14	at #22 SW Minnesota State	L	0-3	16-30, 20-30, 21-30	223
Oct 17	JAMESTOWN COLLEGE	L	1-3	30-21, 18-30, 22-30, 11-30	82
* Oct 20	UNIVERSITY OF MARY	W	3-2	30-23, 25-30, 28-30, 30-24, 15-13	93
* Oct 21	NORTHERN STATE	L	0-3	23-30, 16-30, 26-30	78
* Oct 24	at Bemidji State	W	3-2	30-26, 30-21, 28-30, 16-30, 15-9	456
Oct 27	at South Dakota	L	0-3	22-30, 22-30, 16-30	178
* Oct 28	at MSU-Moorhead	L	0-3	20-30, 23-30, 23-30	234
Nov 02	vs #21 Wayne State Colleg	L	0-3	21-30, 25-30, 16-30	71

2006 Overall Team Statistics

The Automated ScoreBook
Minnesota, Crookston Overall Team Statistics (as of Nov 15, 2006)
All matches

Overall record: 8-27 Conf: 4-14 Home: 2-7 Away: 2-12 Neutral: 4-8

TEAM STATISTICS	UMC	OPP
ATTACK.....		
Kills.....	1489	1830
Errors.....	799	706
Total Attacks.....	4721	4852
Attack Pct.....	.146	.232
Kills/Game.....	12.9	15.9
SET.....		
Assists.....	1369	1648
Assists/Game.....	11.9	14.3
SERVE.....		
Aces.....	129	241
Errors.....	193	191
Aces/Game.....	1.1	2.1
SERVE RECEPTIONS.....		
Errors.....	241	129
Errors/Game.....	2.1	1.1
DEFENSE.....		
Digs.....	1939	2015
Digs/Game.....	16.9	17.5
BLOCKING.....		
Block Solo.....	70	68
Block Assist.....	320	412
Total Blocks.....	230.0	274.0
Blocks Per Game.....	2.0	2.4
Block Errors.....	40	48
BALL HANDLING ERRORS.....	74	97
ATTENDANCE.....		
Total.....	896	4027
Dates/Avg Per Date.....	9/100	14/288
Neutral site #/Avg.....	12/71	
Current win streak.....	0	-
Home win streak.....	0	-

MATCH WINS BY #GAMES	1	2	3	4	5	Total
Minnesota, Crookston	0	0	3	3	2	8
Opponents.....	0	0	24	3	0	27

GAMES WON BY GAME	1	2	3	4	5	Total
Minnesota, Crookston	8	7	6	4	2	27
Opponents.....	27	28	29	4	0	88

POINTS BY GAME	1	2	3	4	5	Total
Minnesota, Crookston	820	852	805	193	30	2700
Opponents.....	1015	1011	991	221	22	3260